

GATE

Generations Ageing Together in Europe

second project meeting

Valencia

march, 3rd & 4th, 2013

Ilustre Colegio Oficial de Químicos C.V.

&

ANQUE C.V.

What active ageing means?

*Ilustre Colegio Oficial de Químicos C.V.
&
ANQUE C.V.*

March, 3rd, 2013

What active ageing means?

After retirement, active ageing means that elder people can continue taking an active part in social life, but with a new approach.

Elder people need to use their own assets and liabilities to be socially useful.

What active ageing means?

Social Life:

Elder people for getting a full social life need being integrated at any kind of recreational, sporting, politician, professional, cultural or religious associations enjoyed.

Different rules & fares are needed to do it appealing for them and for the associations.

What active ageing means?

Assets:

Elder people has skills and professional experience enough to help as volunteer.

Liabilities:

Elder people needs help for adapting his culture to the new Technologies and social life

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What active ageing means?

How to use their assets?

Elder people are pensionists, so their skills & experience must be offered to others from the volunteer and through non profit institutions.

What active ageing means?

How to manage their liabilities?

To help other people is needed to adapt elders' skills & experience to the receptors culture.

Special courses are needed to help handling new communication technologies.

How active ageing is seen in Valencia?

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How active ageing is seen in Valencia?

At Valencia Region (CV) exists different activities for the elderly, most of them devoted to help them to be active and organised from Different Administrations :

National Health Service:

- Low cost holidays (Imsero Programme)*
- Health (thermalism centers)*

How active ageing is seen in Valencia?

Town Halls & Regional Government

- Cultural visits (museums, gardens, old villages)*
- Sports (Gymnastics, swimming pools)*
- Evening courses (district schools)*

Universities:

- University for elder people (different courses)*
- Lectures on specific matters*

How active ageing is seen in Valencia?

*By other side some profesional Associations are using the volunteer as a way **to offer an active ageing**, using the skills and experience of their retired professionals:*

- ANQUE CV*
- SEMUJ*
- SECOT*

How active ageing is seen in Valencia?

ANQUE CV offers to its retired professionals its Technical Sections to collaborate by advising young chemists to get complementary disciplines they need to work at the Chemical companies (legislation, quality control, recycling, emissions control, etc.).

*Individual presentations from **SECOT** and **SEMUII** will be shown today and tomorrow .*